

## ACUPUNCTURE INFORMED CONSENT

“Acupuncture” means the stimulation of a certain point or points near the surface of the body by the insertion of special needles. The purpose of acupuncture is to prevent or modify the perception of pain and is thus a form of pain control. In addition, through the normalization of physiological functions, it may also serve in the treatment of certain diseases or dysfunctions of the body. Acupuncture includes the techniques of:

**Electro-acupuncture** - using very small amounts of electricity to stimulate specific acupuncture points.

**Cupping** - glass or plastic cups are placed on the skin with a vacuum created by heat or suction.

**Moxibustion** - the therapeutic use of thermal stimulus at acupuncture points by burning Artemisia alone or Artemisia formulations.

**Liniments, Essential Oils, Plasters** – Herbal or medicinal formulas applied topically to the skin.

**Acupressure, Massage, and Manual Therapy** – The use of Traditional Chinese Medicine massage and therapeutic bodywork.

**Potential Benefits:** Drugless relief of presenting symptoms and improved balance of body energies that may lead to prevention, improvement or elimination of the presenting problem.

**Potential Risks:** Discomfort, pain, bruising, blistering, bleeding, infection at the site of the procedure, temporary discoloration of the skin, possible aggravation of symptoms existing prior to the acupuncture treatment.

**Patients with bleeding disorders or pacemakers should inform the L. Ac. Prior to receiving treatment.**

“With this knowledge, I voluntarily consent to the above procedures.”

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Printed Name

Date

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Signature of Patient

Date